



Serving Size: 1 Packet (28 g)		% Daily Value*	
Servings Per Carton: 14		Protein 11 g	22%
Amount per Serving		Vitamin A 0%	Vitamin C 0%
Calories 130		Calcium 5%	Iron 9%
Calories from Fat 35		* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	% Daily Value*	Calories	2,000 2,500
Total Fat 5 g	8%	Total Fat Less Than	65 g 80 g
Saturated Fat 0.5 g	3%	Sat. Fat Less Than	20 g 25 g
Cholesterol 0 mg	0%	Cholesterol Less Than	300 mg 300 mg
Sodium 80 mg	3%	Sodium Less Than	2,400 mg 2,400 mg
Potassium 600 mg	17%	Potassium	3,500 mg 3,500 mg
Total Carbohydrate 9 g[†]	3%	Total Carbohydrate	300 g 375 g
Dietary Fiber 5 g	20%	Dietary Fiber	25 g 30 g
Sugar 2 g [†]		Protein	50 g 65 g
Sugar Alcohols 0 g		Calories per gram:	
Other Carbohydrates 2 g		Fat 9	Carbohydrate 4 Protein 4
INGREDIENTS: Roasted Soy Nuts, Canola Oil and Cardia® Salt (Sodium Chloride, Potassium Chloride, Magnesium Sulfate Heptahydrate, L-Lysine Monohydrochloride and Silicon Dioxide).			



Roasted Soy Nuts

Protein-based snack for energy and nutrition

original flavor

14 packets - 1 oz / 28 g each (NET WT 14 oz / 392 g)

Roasted Soy Nuts satisfy your craving for something salty, crunchy and delicious. An excellent source of protein, with only 130 calories per serving, these soy nuts are dry roasted to perfection, then sprinkled with Cardia® Salt. Low in sodium, yet packed with the goodness of soy, they make the perfect anytime snack.

†2 Grams
Net Impact Carbohydrates
per Serving

[†]Net impact carbs include only those carbohydrates that cause a noted impact on blood sugar and insulin response. Fiber, sugar alcohols and other carbohydrates are excluded.

DIRECTIONS: Enjoy one or two packets of nutritious Roasted Soy Nuts as a daily snack. For variety, try our other delicious protein-rich snacks, too.

INSTRUCCIONES: Disfrute diariamente como bocadillo uno o dos sobres de los nutritivos Roasted Soy Nuts. Para variar, pruebe también nuestros otros bocadillos ricos en proteína.

We offer a **30-day money-back guarantee** to assure your complete satisfaction. This exclusively formulated product is only available through Herbalife Independent Distributors. Cardia® is a registered trade mark of AMBI, Inc.